

Evidence-based medicine for *Helicobacter pylori* AST-based molecular methods

Evariste Tshibangu-Kabamba^{1,2}, Alain Cimuanga Mukanya^{1,3}, Yoshio Yamaoka^{2,4}, and the Congolese Observatory of *Helicobacter pylori* & Gastric cancer (OCIP)

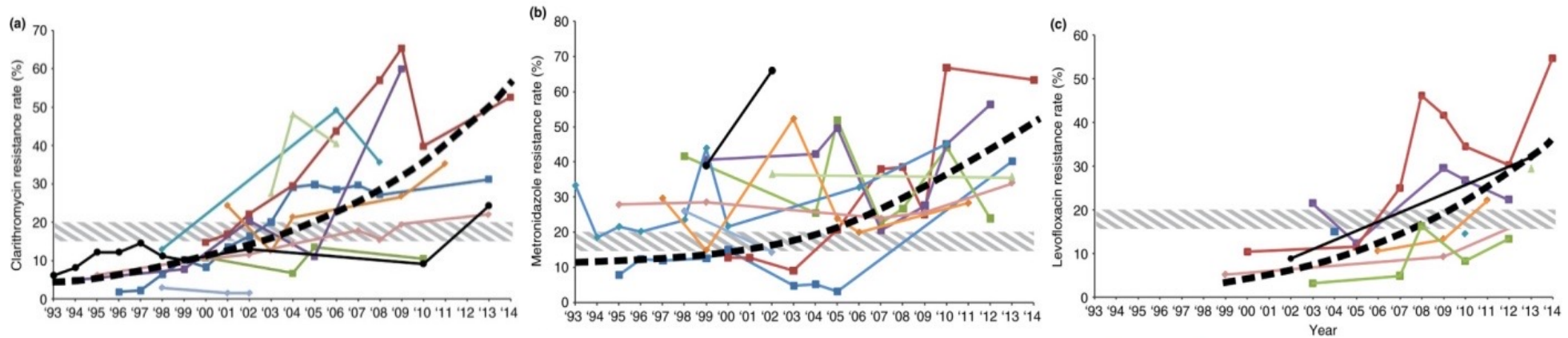
¹ Dpt. of Internal Medicine, University of Mbuji-Mayi, DR Congo;

² Research Center for Infectious Disease Science, Osaka Metropolitan University, Japan;

³ Dpt. Environmental & Preventive Medicine, Oita University, Japan

⁴ Dpt. of Gastroenterology, Baylor College of Medicine, Tx, USA

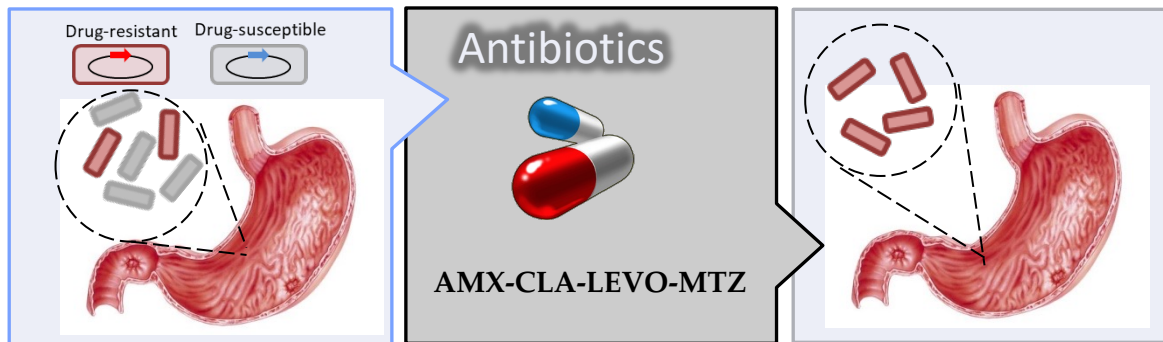
H. pylori drug-resistance is increasing worldwide and poses a significant clinical challenge, leading to ramping treatment failures.



Review article: the global emergence of *Helicobacter pylori* antibiotic resistance

Aliment Pharmacol Ther 2016; 43: 514-533

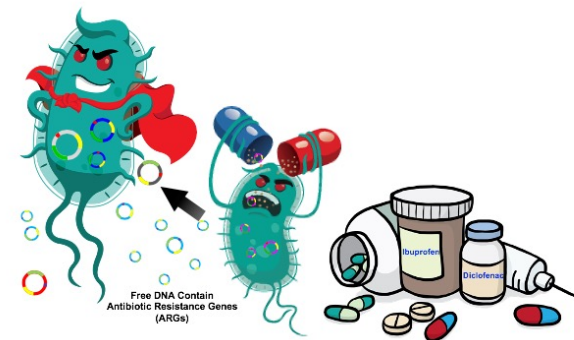
I. Thung¹, H. Aramin¹, V. Vavinskaya², S. Gupta³, J. Y. Park⁴, S. E. Crowe⁵ & M. A. Valasek⁶



Exceptional adaptation abilities of *H. pylori*

Limited therapeutic choices and extensive misuse of drugs

Emergence of AMR





Clinical implications of antibiotic resistance in *H. pylori* species

↘↘↘ *H. pylori* treatment efficacy + (theoretically!) ↑↑ of clinical complications (e.g., gastric cancer or peptic ulcers)

Received: 15 April 2020 | Revised: 22 May 2020 | Accepted: 25 May 2020
 DOI: 10.1111/hel.12714

ORIGINAL ARTICLE

Helicobacter WILEY

The effect of antibiotic resistance on *Helicobacter pylori* eradication efficacy: A systematic review and meta-analysis

Yunzhi Zou^{1,2} | Xing Qian^{1,3} | Xiaoqun Liu^{1,4} | YanPing Song¹ | Conghua Song¹ | Shuang Wu¹ | Ying An¹ | Rui Yuan^{1,5} | Youhua Wang¹ | Yong Xie¹

CLA-R ↔ ↓ the efficacy of all CLA-containing regimens by up to ~66% (CLA-T3T) and ~13% (CLA-Q4T)

MTZ-R ↔ ↓ the efficacy of MTZ-containing regimens by ~38% (T3T) and ~14% (non-bi Q4T) while a very high therapeutic efficiency is still obtained with bi-Q4T regardless of the resistance of strains

Infection and Drug Resistance

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REVIEW

Primary Resistance Pattern of *Helicobacter pylori* to Antibiotics in Adult Population: A Systematic Review

Infection and Drug Resistance 2020;13 1567–1573

Clin Gastroenterol Hepatol. 2014 February ; 12(2): 177–186.e3. doi:10.1016/j.gh.2013.05.028.

LEVO-R ↔ ↓ the efficacy of LEVO-containing regimens by ~21% (five studies)

AMX-R, TET-R, and RIB-R have been lesser evaluated (therapy failures due to AMX-R and TET-R have been reported).

Consequently, the ↑ SDR pattern in *H. pylori* that has been noted worldwide may be suggestive of an overall decrease of the clinical efficacy of the eradication therapy

Rational *Helicobacter pylori* therapy: evidence based medicine rather than medicine based evidence (revision 2)

David Y. Graham, M.D.¹, Yi-Chia Lee, M.D.², and Ming-Shiang Wu, M.D.²

Critical antibiotics becoming clinically ineffective have resulted in strong pressure to utilize the principles of antimicrobial stewardship for selecting and managing therapy for infectious diseases



“The principles of antimicrobial stewardship codify and extend thinking and practices involved in the development and implementation of methods to simultaneously improve antimicrobial therapy, prevent antimicrobial misuse, and reliably achieve high cure rates, while minimizing the risk of developing resistance in order to prolong the useful life of antibiotics” **Graham, 2020**

***H. pylori* therapies have to transit from “trial and error” to antimicrobial stewardship, from empirical to antimicrobial susceptibility testing – based therapies**



Published in final edited form as:
Clin Gastroenterol Hepatol. 2022 May ; 20(5): 973–983.e1. doi:10.1016/j.cgh.2021.03.026.

**PRIMER FOR DEVELOPMENT OF GUIDELINES FOR
HELICOBACTER PYLORI THERAPY USING ANTIBIOTIC
STEWARDSHIP**

David Y. Graham, M.D.¹, Jyh-Ming Liou, M.D., Ph.D.^{2,3,4}

Review

**Transitioning of *Helicobacter pylori* Therapy from
Trial and Error to Antimicrobial Stewardship**

David Y. Graham

Department of Medicine, Michael E. DeBakey VA Medical Center and Baylor College of Medicine, RM
3A-318B (1111D), 2002 Holcombe Boulevard, Houston, TX 77030, USA; dgraham@bcm.edu;
Tel.: +713-795-0232; Fax: +713-795-4471

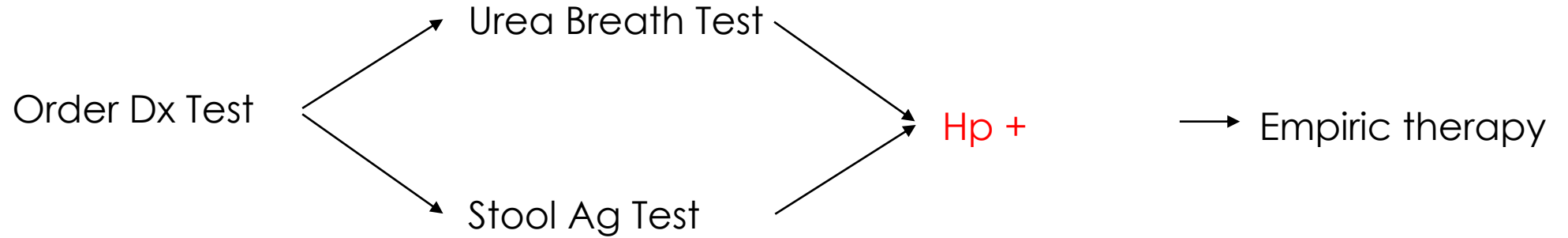
Received: 15 September 2020; Accepted: 1 October 2020; Published: 3 October 2020



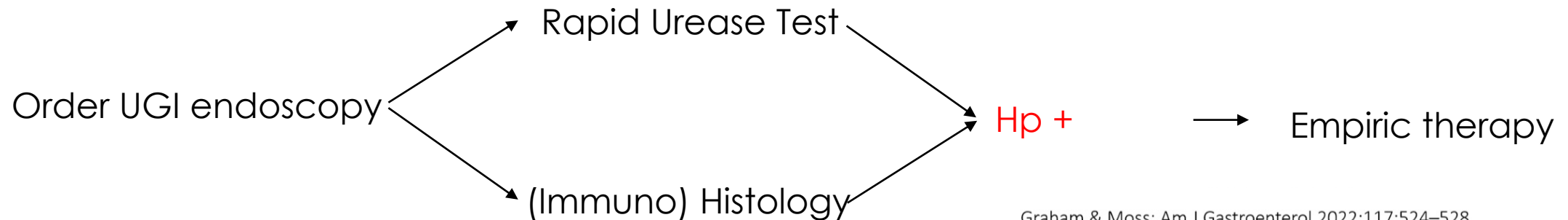
Historical Dx approach



New patient or post-therapy
No alarm features



New patient or post-therapy
With alarm features

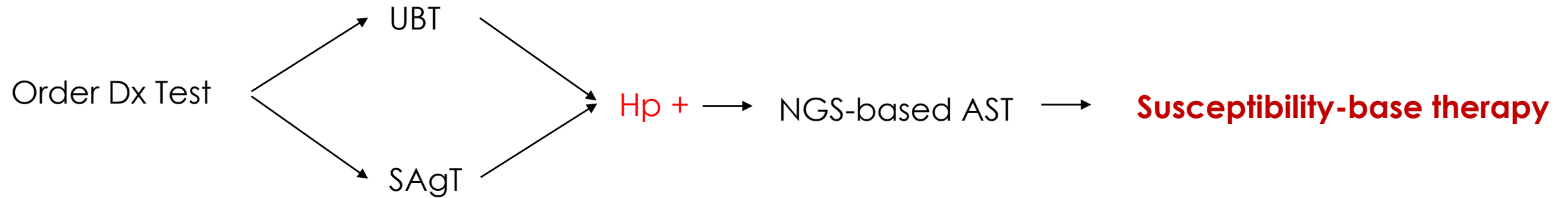


Graham & Moss: Am J Gastroenterol 2022;117:524–528.
Dore & Graham: Aliment Pharmacol Ther. 2022;55(Suppl. 1):S14–S21.

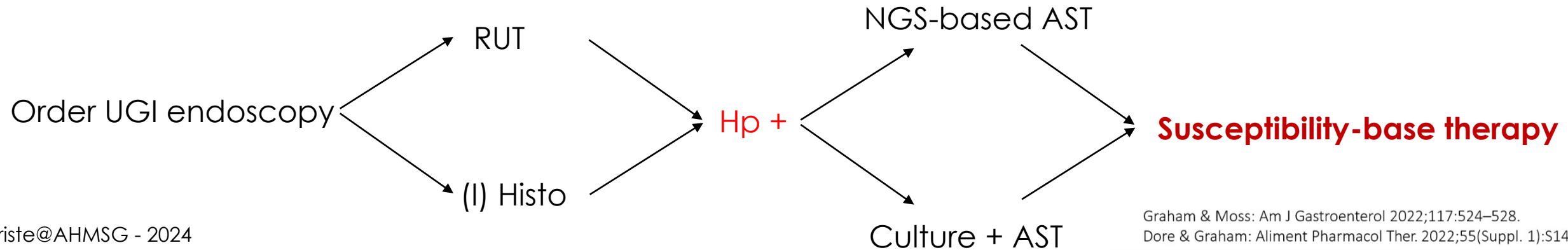
Shift to 'Diagnosis to Tailored Tx' in increasing AMR context



New patient or post-therapy
No alarm features

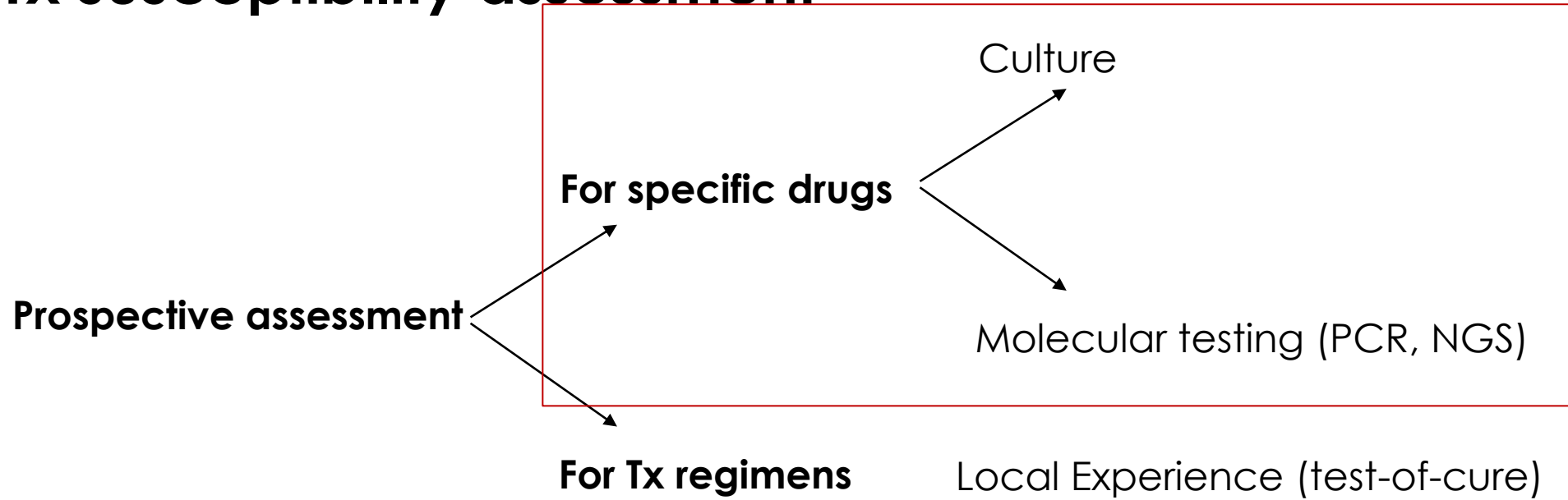


New patient or post-therapy
With alarm features

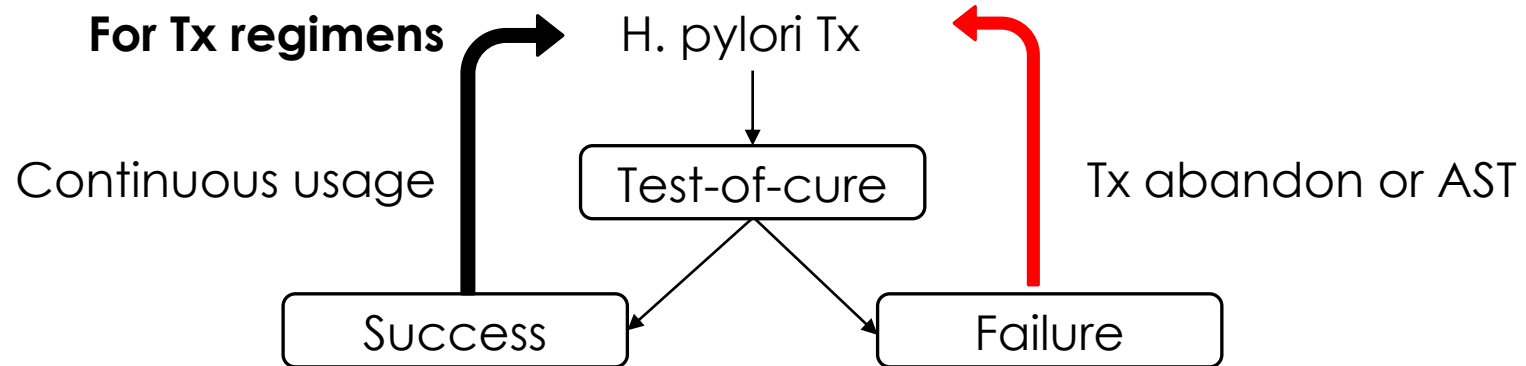


Graham & Moss: Am J Gastroenterol 2022;117:524–528.
Dore & Graham: Aliment Pharmacol Ther. 2022;55(Suppl. 1):S14–S

Tx susceptibility assessment



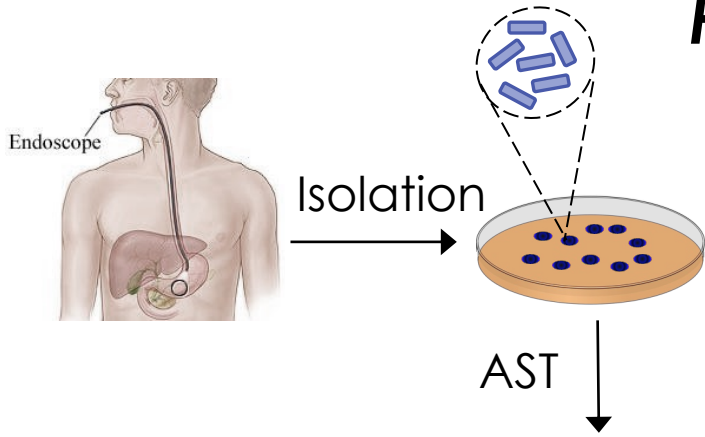
Retrospective assessment



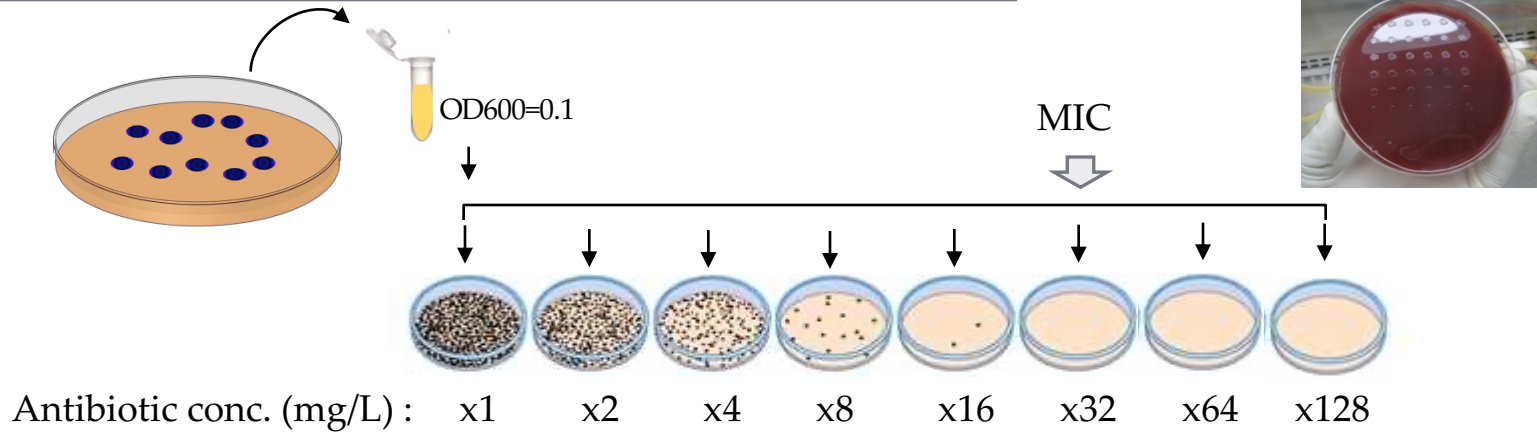
H. pylori antimicrobial susceptibility testing (AST)



Very slow, tedious, technically demanding, expensive, microaerophilic conditions, specific culture and conservative media ... unavailable in clinical settings of most African countries

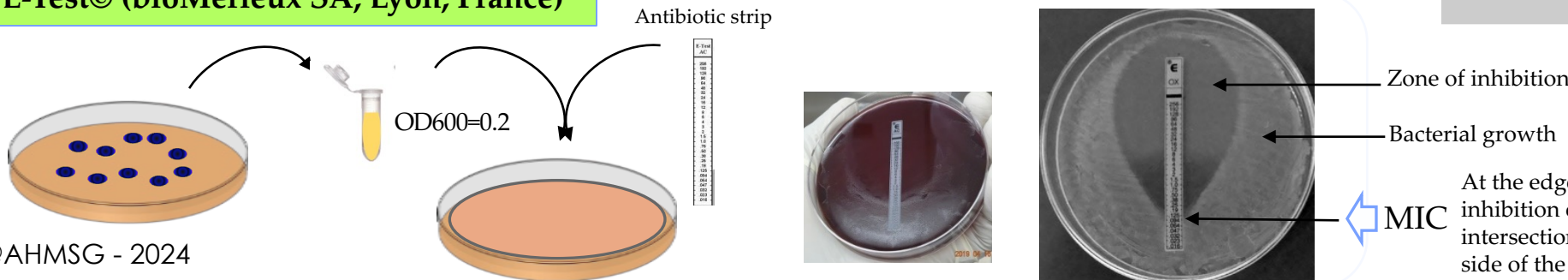


Agar dilution method (CLSI Protocols, Wayne, PA, USA)



- ⊕
- Clinical breakpoints (EUCAST) :**
- AMX : 0.125 mg/L
 - CLA : 0.25 mg/L
 - LEVO : 1 mg/L
 - MTZ : 8 mg/L

E-Test® (bioMérieux SA, Lyon, France)


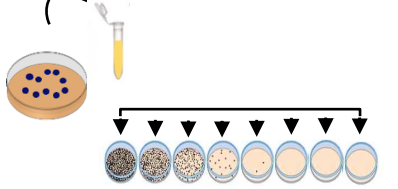


At the edge of the inhibition ellipse intersection with the side of the E-test strip

Emerging techniques for molecular AST (mAST) of *H. pylori*



AST method	Application	Performance	Operability
------------	-------------	-------------	-------------

<p>WGS by NGS/TGS</p> 	<p>No limitation for structural mechanisms, All possible known and novel variants, All drug-R with gene structure alteration</p>	<p>Fast, accurate (less if read-base), reproducible</p>	<p>Computationally demanding (less if reads-based), cost-effective</p>
<p>As the demand for antimicrobial stewardship grows, molecular AST-based methods have emerged as crucial tools for detecting mAMR to predicting, respond to, and monitoring drug resistance.</p>			
<p>Phenotypic AST</p> 	<p>All drug-R (drugs stable and effective in culture conditions), Limited to cultivable strains</p>	<p>Gold standard, less reproducible, very slow</p>	<p>Very fastidious, interpretation problem, expensive</p>

⇒ mAMR

⇒ MICs

Article
Next-Generation Sequencing of the Whole Bacterial Genome for Tracking Molecular Insight into the Broad-Spectrum Antimicrobial Resistance of *Helicobacter pylori* Clinical Isolates from the Democratic Republic of Congo
 (Evariste Tshibangu-Kabamba et al., 2020)

Helicobacter pylori infection and antibiotic resistance — from biology to clinical implications

Evariste Tshibangu-Kabamba¹ and Yoshio Yamaoka^{1,2}

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Methods for the detection of antimicrobial resistance in *H. pylori* species

Assay	Existing applications for AST
Culture-based techniques	
Agar dilution method (ADM) ^{214, 215}	CLA, AMX, TET, MTZ, LEVO, RIB, and other drugs
Epsilonometer Test method (E-test) ^{214, 215}	CLA, AMX, TET, MTZ, LEVO, RIB, and other drugs
PCR-based assays	
PCR-DNA sequencing by conventional and pyrosequencing techniques ²¹⁶	CLA, AMX, TET, MTZ, LEVO, RIB
Allele-specific PCR alone ^{181, 217}	LEVO, CLA
PCR- restriction fragment length polymorphism (RFLP) ²¹⁸⁻²²²	CLA, TET
PCR- oligonucleotide ligation assay (OLA) ^{223, 224}	CLA
Dual priming oligonucleotide (DPO)-PCR ²²⁵	CLA
PCR- DNA enzyme immunoassay (DEIA) ²²⁶	CLA
PCR- line probe assay (LipA) ²²⁷	CLA
PCR- preferential homoduplex formation (PHFA) ²²⁸	CLA
3'-mismatch reverse primer PCR method (3M)-PCR ²²⁹	CLA
Real-Time (RT)-PCR based on hybridization assay ²³⁰⁻²³⁵	CLA, TET
Real-Time (RT)-PCR based on fluorescence resonance energy transfer (FRET) ^{216, 225, 235}	CLA, LEVO, TET
Real-Time (RT)-PCR based on peptide nucleic acid probe (PNA) ^{224, 236}	CLA
Digital droplet PCR (ddPCR) ^{130, 204}	CLA
In situ probe hybridization-based assay	
Fluorescent in situ hybridization (FISH) ^{149, 179, 237, 238}	CLA
Peptide nucleic acid probe (PNA)- Fluorescent in situ hybridization (FISH) ²³⁹	CLA
Whole genome-sequencing based assays	
Mapping High-throughput short reads to reference genome sequences ^{21, 210}	CLA, MTZ
Mapping High-throughput short reads to targeted reference gene sequences ^{16, 17}	AMX, TET, MTZ, CLA, LEVO, RIB
Targeting genes in <i>de novo</i> assembly genomes from High-throughput short reads and long reads ²⁰	AMX, MTZ, CLA, LEVO
Protein-based molecular assay	
Immunoblotting with specific antibodies ^{208, 240}	MTZ

(*): Abbreviations: AMX, amoxicillin; LEVO, levofloxacin; MTZ, metronidazole; TET, tetracycline ; CLA, clarithromycin ; RIB, rifabutin;



Availability of AST methods

Culture-based AST

Clarithromycin
Levofloxacin
Metronidazole
Amoxicillin
Tetracycline
Rifabutin



Available for
Well conserved gastric biopsies

mAST

Molecular (NGS and PCR)

Clarithromycin* PCR
Levofloxacin
Metronidazole
Amoxicillin
Tetracycline
Rifabutin



Next Generation
Sequencing

Available for
Gastric biopsies
Fresh or Formalin-fixed
Stools
Cultures

Other drugs? NTZ, MIN, RIF and FUZ

NGS-based AST: powerful, reliable, reproducible tool

Prof Yamaoka's Lab



Article

Next-Generation Sequencing of the Whole Bacterial Genome for Tracking Molecular Insight into the Broad-Spectrum Antimicrobial Resistance of *Helicobacter pylori* Clinical Isolates from the Democratic Republic of Congo

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Genetic determinants of Biofilm formation of *Helicobacter pylori* using whole-genome sequencing

Open Access Article

A Next-Generation Sequencing-Based Approach to Identify Genetic Determinants of Antibiotic Resistance in Cambodian *Helicobacter pylori* Clinical Isolates

Research Article

Genetic Determinants of Biofilm Formation and Antibiotic Resistance of *Helicobacter Pylori* using Whole Genome Sequencing

Mutations Related to Antibiotics Resistance in *Helicobacter pylori* Clinical Isolates from Bangladesh

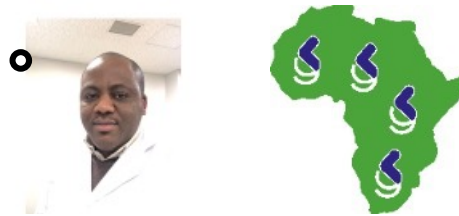
Synergistic effects of novel penicillin-binding protein 1A amino acid substitutions contribute to high-level amoxicillin resistance of *Helicobacter pylori*

... How to interpret their outcomes in clinical practice? How to identify the most relevant mAMR?

Helicobacter pylori infection and antibiotic resistance — from biology to clinical implications

Evariste Tshibangu-Kabamba¹ and Yoshio Yamaoka^{1,2}

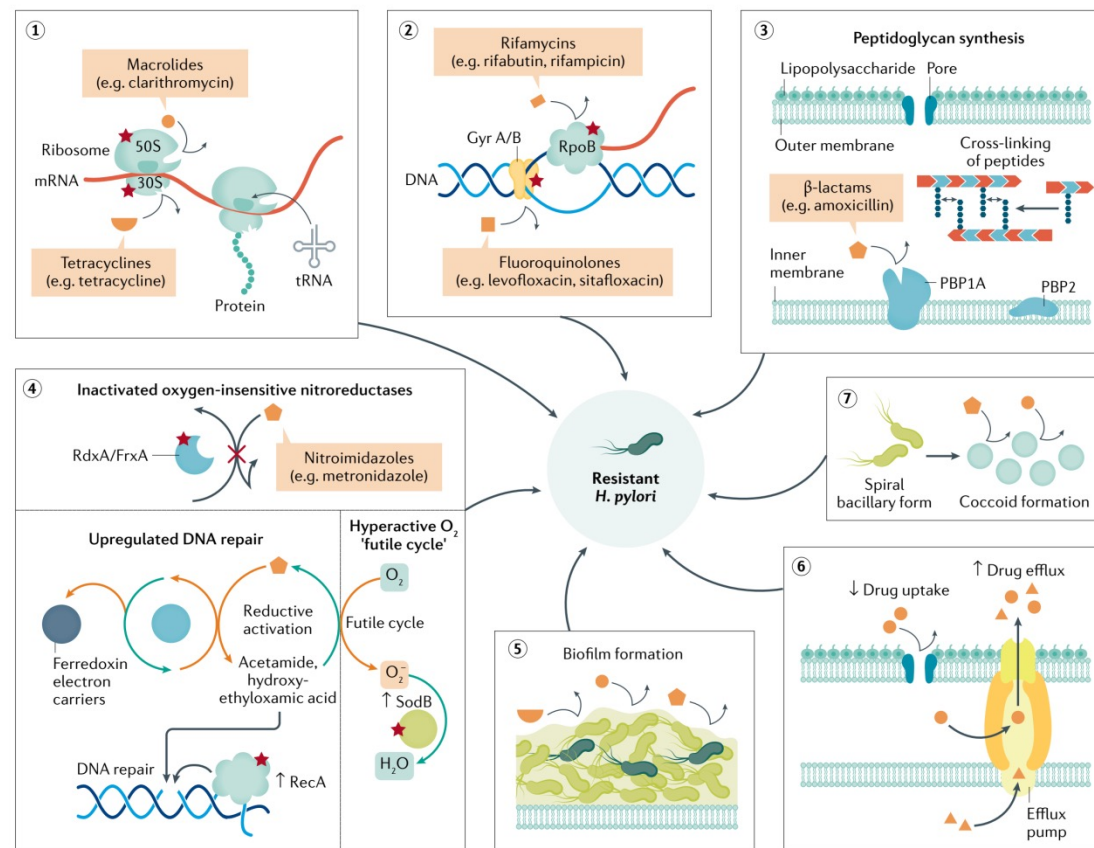
How does *H. pylori* develop drug resistance?
What are the clinical implications?



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Key points

- Antibiotic resistance in *Helicobacter pylori* is a global threat to human health.
- Attributes driving this resistance include mainly mutations encoded chromosomally but also physiological changes such as impaired regulation of drug uptake and/or efflux, and biofilm and coccoid formation.
- *H. pylori* frequently displays three different profiles of resistance including single drug resistance, multidrug resistance and heteroresistance, probably with nested fundamental mechanisms and clinical implications.
- In individual patients, mechanisms of resistance deployed by *H. pylori* cause treatment failures, diagnostic difficulties and ambiguity in clinical interpretation of therapeutic outcomes.
- At the population scale, increasing antibiotic resistance has globally led to a substantial decrease in *H. pylori* treatment efficacy and probably an increased risk of complications such as peptic ulcers and gastric cancer.
- To fight this resistance, efforts needed include development of efficient vaccines, setting new treatment strategies, improving diagnostic tools for optimizing clinical decisions, and a better understanding of driving mechanisms.

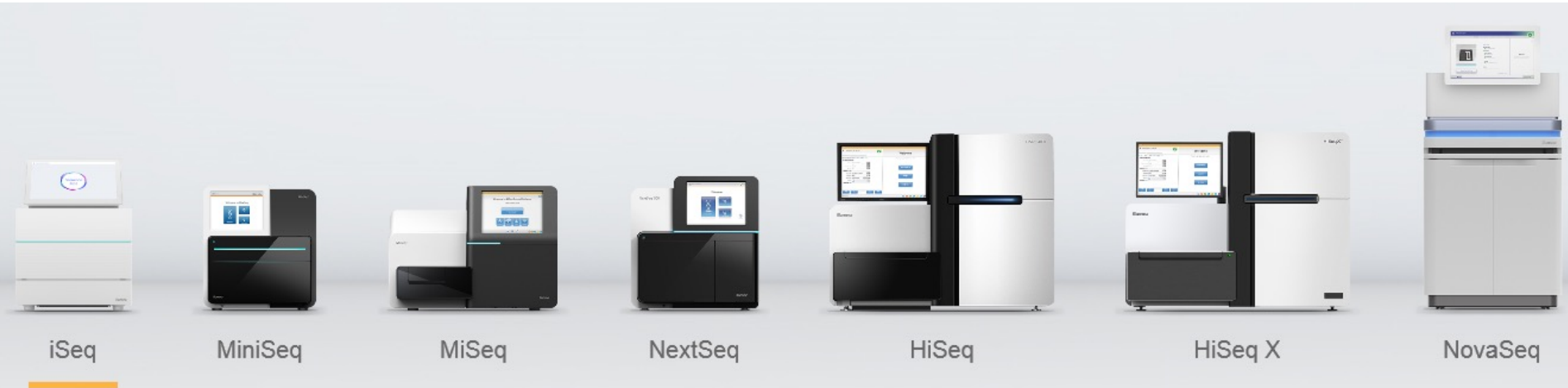


Biological attributes of resistance in *Helicobacter pylori* species.

Using Next Generation Sequencer



Illumina NGS sequencing platforms



Ion Torrent platforms (Thermo Fisher Sci)



Ion GeneStudio



Ion Proton



Ion PGM




Illumina MiSeq
 US\$120,000
 15Gb, read length <600 bases
 Running cost: US\$3000

Whole genomes of 16 subjects
 Within 3 days
 1,000 USD/ subject



Max. Throughput	7.5 Gb	15 Gb	120 Gb	1.5 Tb	6 Tb*	1.8 Tb
Max. read length	150bp x 2	300bp x 2	150bp x 2	150bp x 2	150bp x 2	150bp x 2
DNA cluster density	25 M	25 M	400 M	5000 M	5000M	6000 M

$$\text{Throughput (bp)} \div \text{Read length} \times \text{DNA cluster density}$$

Using Third Generation Sequencers: the future is now



PacBio

Oxford
NANOPORE
Technologies



Low starting cost

Label-free

+/- PCR-free

+/- multiplex

Flexibility

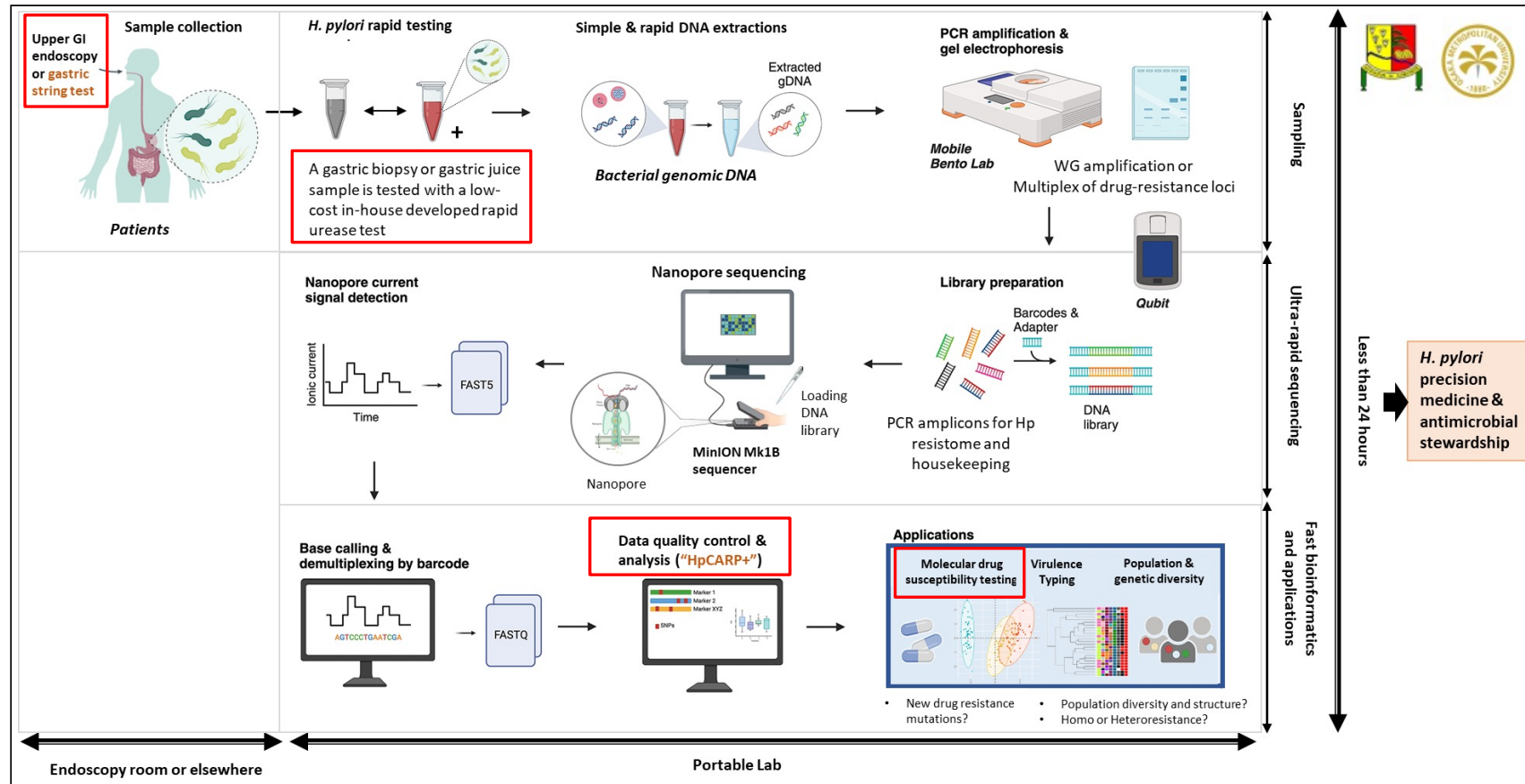
Ultra-rapid

Ultra-long reads

Low material requirement

High Accuracy with newer chemistry and post sequencing tools

Time for precision medicine for best *H. pylori* management in Africa...



To bypass *H. pylori* culture ... and possibly GI endoscopy ... to accurately detect *H. pylori* anywhere in Africa...

To uncover genomic *H. pylori* genomic features with ultra-rapid ONT sequencing...

And quickly deliver good *H. pylori* precision medicine and antimicrobial stewardship through an innovative point-of-care system

... Using the right treatments for the right patients at the right time!



- Several molecular markers for *H. pylori* antimicrobial resistance (Hp-AMR) have been reported.
- However, the biological and clinical relevance of these markers remains to be fully elucidated to guide the interoperability of molecular testing.

Aim



- This study aims to evaluate the evidence basis for individual mAMR likely to enable interpretation and implementation of molecular AST-based approaches in *H. pylori* management.

Method

Approach



- A comprehensive search is conducted across 8 public databases, adhering to PRISMA guidelines, to identify relevant studies reported from inception to 2024.
- A critical and systematic review is performed to assess the biological significance of each reported molecular marker.
- **A scale with 4 strength of evidence levels is used to assess the relevance of each mAMR reported**

Inclusion criteria :

Hp-AMR molecular marker discovery articles

Main data collected and interpreted:

- 1) Methods used to link molecular markers to Hp-AMR
- 2) Genes linked to Hp-AMR
- 3) Mutations linked to Hp-AMR
- 4) Putative biological function



We published a similar work on malaria artemisinin resistance

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REVIEW | [VOLUME 21, ISSUE 4, E82-E92, APRIL 2021](#)

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Spatial and molecular mapping of *Pfkelch13* gene polymorphism in Africa in the era of emerging *Plasmodium falciparum* resistance to artemisinin: a systematic review

[Nadine K Kayiba, MPH](#) • [Doudou M Yobi, MSc](#) • [Evariste Tshibangu-Kabamba, PhD](#) • [Vo P Tuan, PhD](#) •

[Prof Yoshio Yamaoka, PhD](#) • [Brecht Devleeschauwer, PhD](#) • [Dieudonné M Mvumbi, PhD](#) •

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Published: October 27, 2020 • DOI: [https://doi.org/10.1016/S1473-3099\(20\)30493-X](https://doi.org/10.1016/S1473-3099(20)30493-X) •

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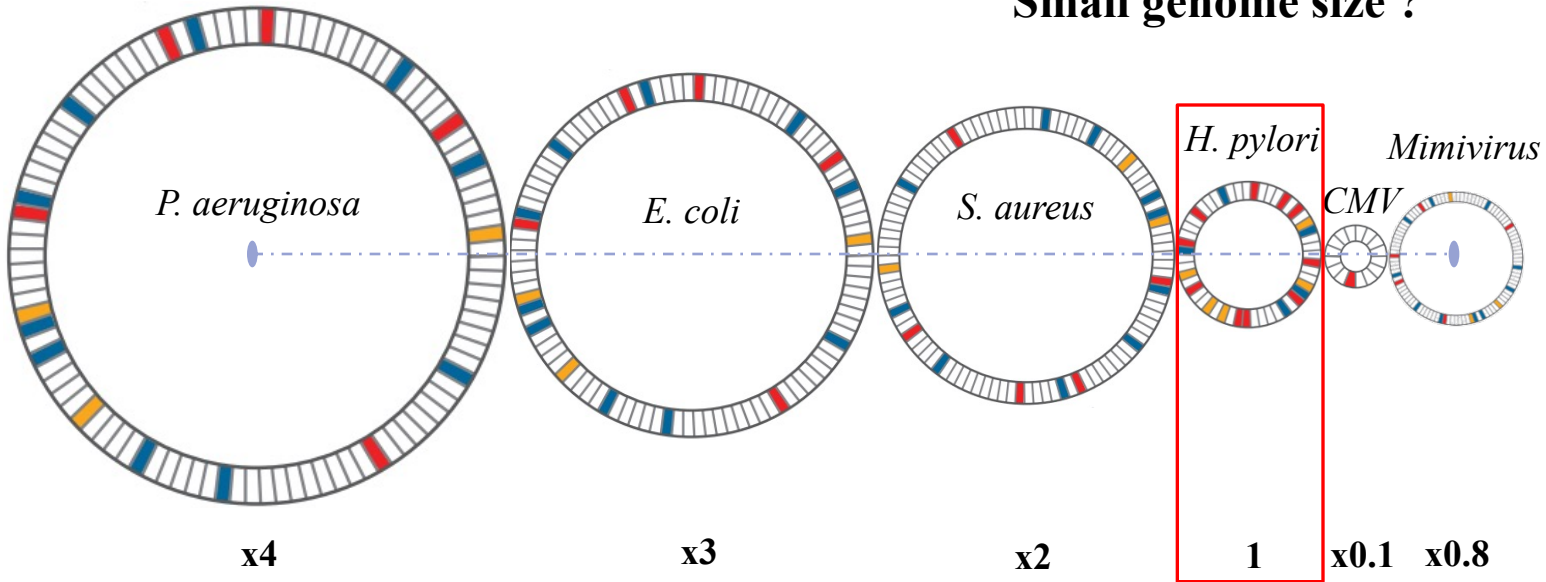
Outcomes



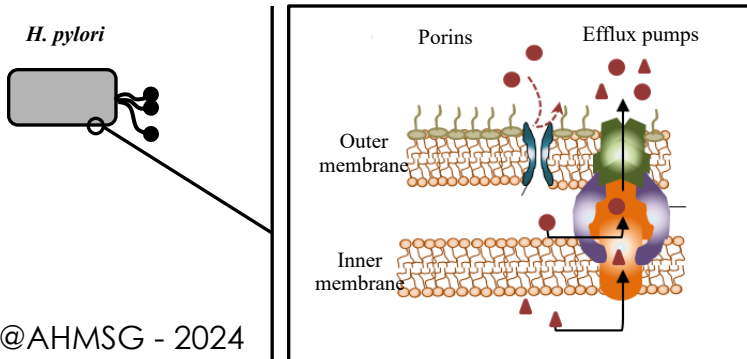
Intrinsic resistance



Small genome size ?

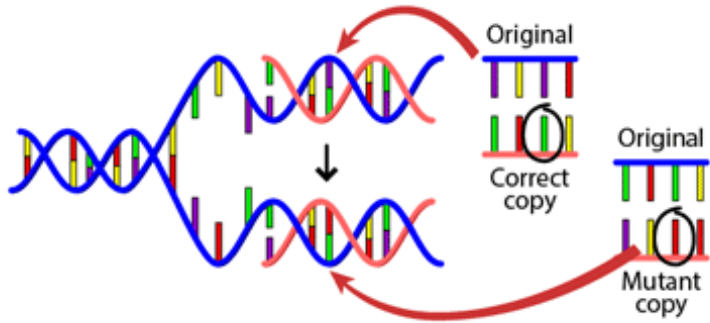


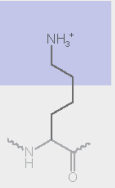
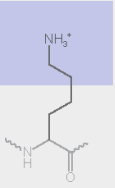
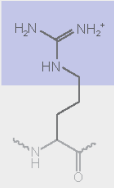
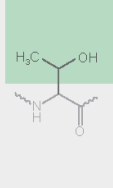
The permeability of the bacterial cell wall



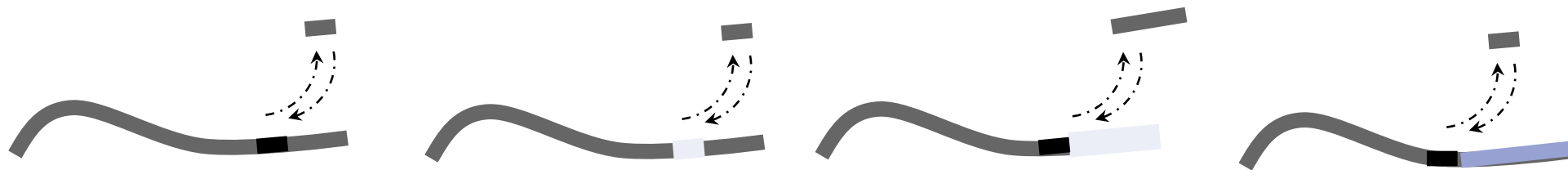


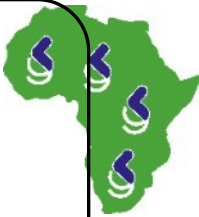
➤ **Acquired resistance: Antibiotic resistance-encoding genetic changes are mostly gene mutations**



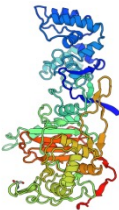
	No mutation	Point mutations			
		Silent	Nonsense	Missense	
				conservative	non-conservative
DNA level	TTC	TTT	ATC	TCC	TGC
mRNA level	AAG	AAA	UAG	AGG	ACG
protein level	Lys	Lys	STOP	Arg	Thr
					

basic
polar





β-lactams : e.g., amoxicillin (AMX)



Resistance

Drug uptake limitation



Mutation in porins encoded by the *hofH*, *hefC*, or *hopC* genes

Drug inactivation



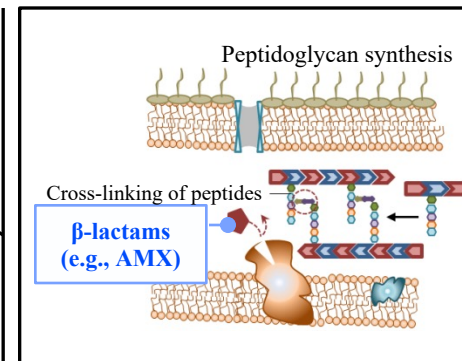
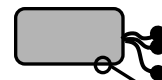
β-lactamase activity

Drug target modification



Mutations on Penicillin-binding proteins (PBPs) encoded by *pbp1A* rather than *pbp2*, *pbp3*, and *pbp4* genes

H. pylori



Fluoroquinolones : e.g., levofloxacin (LEVO), moxifloxacin (MOFX), sitafloxacin (STFX), gatifloxacin (GAT), garenoxacin (GRNX), and delafloxacin (DLFX)

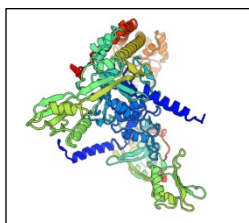
Resistance

Drug target modification



Mutations in the quinolone resistance-determining region (QRDR) of genes encoding DNA gyrase subunit A and B (*gyrA* and *gyrB*)

H. pylori



Macrolides: e.g., clarithromycin (CLA)

Resistance

Drug target modification



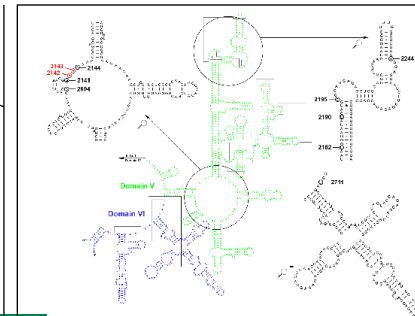
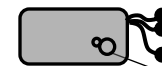
- Adenine to Guanine substitution at nucleotide-positions A2142 and A2143 in domain V of the gene encoding 23S rRNA;



- Absence of mutations on the *rpl22* gene (encoding a ribosomal protein that interacts with the 23S rRNA domains) ;



- G160A on *infB* (encoding a translation initiation factor, IF-2) in only one susceptible isolate





Tetracyclines : e.g., tetracycline (TET) and minocycline (MIN)

Resistance

Drug target modification

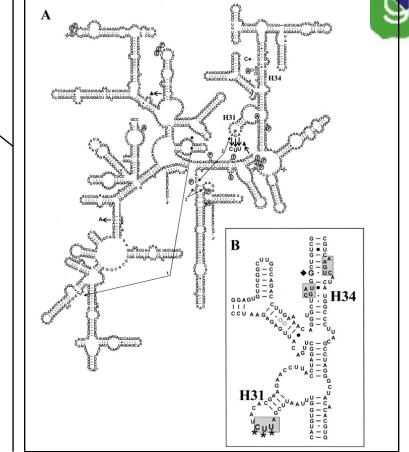


- Mutations inside the TET-binding site of 16S rRNA (e.g., AGA926_928(TTC/GGC), AG926_927GT, GA927_928TC, A926(C/G/T), A928C, A939C) ;

Other hypothetical



- (i) efflux of TET-cation complexes by proteins such as TetA; (ii) cytoplasmic overexpression of proteins for ribosomal protection such as TetO; and (iii) inactivation of TET by enzymes such as TetX.



Rifamycins : e.g., rifampicin (RIF) and rifabutin (RIB)

Resistance

Drug target modification



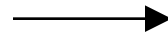
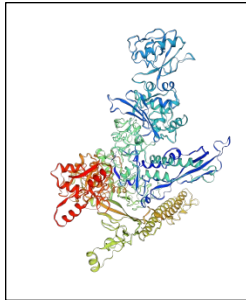
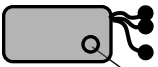
- Mutations inside/outside the RDR_{511_612}^{89, 90, 211} – e.g., V149F, Q524P, L525P, Q527K, Q527R, D530(V/E), D530N, V538I, H540 (N/Y), H540N, S545L, A603T, I586N, I586L;

Other hypothetical



- ?

H. pylori



RpoB

NH2



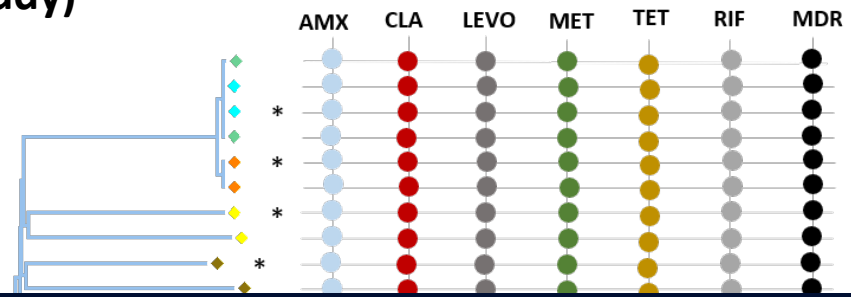
RRDR

COOH

■ HpResGene db (a Resistance Gene db newly established for this study)



Gene	ATB	id	ATB	Gene	ATB
pbp4	AMX	dapF	MET	hefA	MDR
hcpA	AMX	fdxA	MET	hefB	MDR
lytB	AMX	ddpB	MET	hefC	MDR
pbp1A	AMX	MSF	MET	norM1	MDR
RodA1	AMX	sodB	MET	codA	MDR
mreC	AMX				
mreB	AMX				

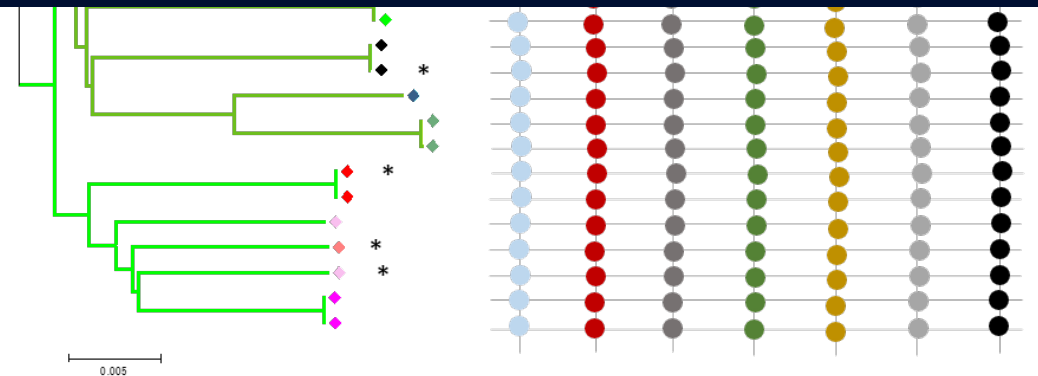


A total of 86 genes potentially associated with Hp-AMR were reported, covering various antibiotics clinically relevant to *H. pylori* eradication therapies.

So far, no gene acquisition mechanism was shown
1) no horizontally transferred AMR gene from non-*H. pylori* species was established

2) no plasmid-encoded AMR gene

Gene	ATB	id	ATB	Gene	ATB
kefB		PorCDBA	MET	hefI	MDR
kefB		PorCDBA	MET	hypothP	MDR
SrRNA2		recA	MET	RND_TP	MDR
SrRNA2		rnc	MET	RND_MFP	MDR
infB		ddpA	MET	rnd_OMP	MDR
rpl22		rps4	MET	copA2	MDR
rpoB		rpsU	MET	abc_Nika	MDR
lepA					
yihK	TET				
ketoGP	TET				
fusA	TET				
tufB	TET				
tetA	TET				
SecD	TET				
SrRNA16	TET				
SrRNA16	TET				
infB	TET				



% of HpRes genes
 ○ 100
 ○ 75
 ○ 50
 ○ 25



Updated list of mutations and genes linked to Hp-AMR as of July 2024

Antibiotics	Gene/sequence	Putative resistance mutations ^{†*}
β-Lactams (e.g., AMX)	<i>pbp-1A</i>	p. Mutations inside/outside PBP-motifs and in the c-terminus ^{20, 37, 38} – e.g., V45I, T337_S338insN, S338R, F366L, V374L, Y401_S402insY, S402G, N404S, S405N, S414R, L423F, S455N, K464insE, V469 (M/A), A474T, N504D, D535N, S543 (H/R), T556S, T558S, N562 (D/H/Y), N562D, N562H, N562Y, T593 (A/G/K/P/S), G595 (del/A/S), A599 (T/P/V), Y637Ter
	<i>pbp2</i>	p. V312M, V313A, G353R
	<i>pbp3</i>	p. F233L
	<i>pbp4</i>	p. Y266H, Y267H
	<i>hofH</i>	p. G22W
	<i>hefC</i>	p. D131E, L378F
	<i>hopC</i>	p. R302H
Fluoroquinolones (e.g., LEVO)	<i>gyrA</i>	p. Mutations inside/outside the QRDR _{A71_Q110} (e.g., H57Y, S63P, V65I, V77A, S83A, D86N, N87A/K/I/Y/T, A88N/P/V, D91G/N/A/H/Y, A92T, D99V, R103H, A129T, R130K, D155N, D161N, V172I, P188S, D192N, A199V/I)
	<i>gyrB</i>	p. Mutations inside/outside the QRDR _{E415_S454} (e.g., D435N, V437L, F438S, S429T, E463K, D481E, R484K, R579C)
Macrolides (e.g., CLA)	<i>23S rna</i>	c. Mutations inside/outside the V domain (e.g., T1942C, G1939A, C2147G, G2172T, T2182C, A2116G, A2142(C/G), A2143G, A2144G/T, A2115G, G2111A, T2717C, T2289C, G2224A, C2245T)
	<i>rpl22</i>	c. 226_228delGTG, T265_T266insTTCCATGTA
	<i>infB</i>	c. G160A
Nitroimidazoles (e.g., MTZ)	<i>rdxA</i> and <i>rdxA</i> - related promoter region	p. Missense mutations at well-defined functional codons based on experimental studies ⁶⁵ (e.g., R16, H17, S18, C19, K20, R41, L42, S43, Y47, Q50, V55, M56, N73, I142, A143, G145, G149, C159, G162, G163, V192, K198, K200, K202, L209), frameshift/nonsense mutations at any codon-position (all TfsTer, and Ter), large sequence deletions (e.g., K2_M21del, R131_K166del, K168_V172del, L137_I142del, N178_L185del; G189_R200del, S92_Q146del), large sequence insertions, missense mutations observed in clinical isolates (e.g., A22S, E27Q/V, T31E, D59N, R90K, H97T/Y, P106S, S108A, A118S/T, R131K, and G189C) ^{37, 38} , and hypothetical mutations in the promoter region ^{208, 209}
	<i>frxA</i>	p. Mutations at well-defined functional codons following experimental studies ⁶⁸ (e.g., K17, R13, A15, K20, Q164, G165, R206), and null mutations at any codon-position (all TfsTer, and Ter).
	<i>fur</i>	p. Mutations at well-defined functional codons following experimental studies ^{71, 75} – e.g., R3, M42, Y65, C78, E90, H99, E110, P114, and in the HHDHxxCxxC _{96, 105} -motif
	<i>sodB</i> -related promoter region	c. A-5C ⁷²
	<i>recA</i>	p. Y103H and S121D ⁷²
	<i>mdaB</i>	p. R99I and G98D ⁶⁹
	<i>ribF</i>	p. T222M and A227T ⁶⁹
	<i>omp11</i>	p. A1290D ⁶⁹
	<i>rpsU</i>	p. D13T ⁷¹
	Tetracyclines (e.g., TET)	<i>16S rna</i>
Rifamycins (e.g., RIB)	<i>rpoB</i>	p. Mutations inside/outside the RDR _{S11_612} ^{88, 90, 211} – e.g., V149F, Q524P, L525P, Q527K, Q527R, D530(V/E), D530N, V538I, H540 (N/Y), H540N, S545L, A603T, I586N, I586L
Nitrofurans (e.g., FUR)	<i>porD</i>	p. G353A, A356G, and C357I ⁶³
	<i>oorD</i>	p. A041G, A122G, C349A/G ³⁵

~ 136 mutations potentially associated with Hp-AMR were reported, covering 7 families of antibiotics clinically relevant to *H. pylori* eradication therapies.

(†) p., mutations reported by amino acid residues; c., mutations reported by nucleotide residues; (*) Nucleotide residues in DNA sequences are represented by heterocyclic bases as follows: A, Adenine; C, Cytosine; G, Guanine; and T, Thymine. Single-letter abbreviations for the amino acid residues in protein sequences are as follows: A, Alanine; C, Cysteine; D, Aspartic acid; E, Glutamic acid; F, Phenylalanine; G, Glycine; H, Histidine; I, Isoleucine; K, Lysine; L, Leucine; M, Methionine; N, Asparagine; P, Proline; Q, Glutamine; R, Arginine; S, Serine; T, Threonine; V, Valine; W, Tryptophan; and Y, Tyrosine. Other abbreviations are as follows : RDR, *rpoB* resistance-determining region; QRDR, Quinolone resistance-determining region; (‡)

Biological mechanisms of drug resistance described in *H. pylori* species*



Antibiotics	Mode of resistance	Molecular target or change	Resistance mechanisms
β-Lactams (e.g., AMX)	Drug target-mediated resistance	PBPs (i.e., PBP-1A, PBP2, PBP3) alteration by missense, indel, or nonsense mutations in/around PBP-motifs (SxN, KTG, and SxxK) and PBPs c-terminus sequences	Protection of peptidoglycan synthesis during cell wall synthesis
	Drug uptake limitation	HopC and HofH porins alteration by missense mutations	[†] Putative decrease of membrane permeability to the drug
Fluoroquinolones (e.g., LEVO)	Drug target-mediated resistance	GyrA and GyrB with sequence alterations inside/outside QRDR by missense mutations	Protection of chromosomal supercoiling during DNA synthesis, transcription and cell division
Macrolides (e.g., CLA)	Drug target-mediated resistance	23S rRNA with a V domain altered by due single or double, or triple base-pair substitutions	Protection of the mRNA-tRNA translocation step during protein synthesis
		Rpl22 or InfB with alterations by missense mutations, or indels	[†] Putative protection of ribosomal domains
Nitroimidazoles (e.g., MTZ)	Drug detoxication	FrxA and/or RdxA with altered molecule stability, dimerization or flavin mononucleotide binding by frameshift, nonsense, indel, or missense mutations	Reduced or suppressed drug reductive activation by altered oxygen insensitive nitroreductases
		Down-regulated expression of RdxA likely by mutations in related promoter region	[†] Reduced or suppressed drug reductive activation by down-regulation of oxygen-insensitive nitroreductases
	Drug target-mediated resistance	Hyperactivity of oxygen "futile cycle"; upregulation of SodB by an inactivation of Fur activity due to Fur missense or nonsense mutation, and single, base-pair substitution in sodB promoter region	Regeneration of inactive drug compounds by increased futile cycle of oxygen and drug; protection against oxidative reactions
		Upregulation of RecA DNA repair effector due to missense mutations	Protection of DNA from damage by SOS and drug toxic derivative
Tetracyclines (e.g., TET)	Drug target-mediated resistance	16S rRNA with a TET-binding pocket altered by single, double, or triple base-pair substitutions	Protection of the peptide-chain elongation step during protein synthesis
Rifamycins (e.g., RIB)	Drug target-mediated resistance	RpoB with altered Rifamycins binding sites by missense mutations	Protection of the extension of RNA chain during DNA transcription
Nitrofurans (e.g., FUR)	Drug detoxication	PorD and/or OorD with missense mutations	Probably reduced or suppressed drug reductive activation by altered ferredoxin-like subunits
Multiple drugs (e.g., AMX, TET, MTZ, CLA)	Cumulative MDR profile	Alterations of multiple drug targets	Accumulation of resistance mutations for separated drug families
	Drug efflux	Upregulated or overexpressed RDN efflux systems Hef ABC, DEF, and GHI (substrates e.g., TET, MTZ, CLA, and AMX)	Reduction of intracellular drug concentration below lethal doses
		Overexpressed MFS efflux system GluP (substrates e.g., AMX, CLA, TET, MTZ, FUR)	Reduction of intracellular drug concentration below lethal doses
		Upregulated or overexpressed ABC transporters MsbA and Imp/OstA (substrates e.g., erythromycin, novobiocin, rifampicin)	Reduction of intracellular drug concentration below lethal doses
	Biofilm formation	Biofilm matrix; efflux pump overexpression; genetic mutations	[†] Multifactorial barriers (mechanical, physiological, or genetic) to drug penetration
Coccoid formation	Shape/surface modifications accompanied with ultrastructural and metabolic changes	[†] Multifactorial barriers (mechanical, physiological, or genetic) to drug penetration and activity	

(*) Abbreviations: AMX, Amoxicillin; TET, Tetracycline; CLA, Clarithromycin; LEVO, Levofloxacin; MTZ, Metronidazole; RIB, Rifabutin; PBPs, Penicillin-binding proteins; HopC, *Helicobacter pylori* outer membrane protein C; HofH, *Helicobacter* outer membrane protein family; rRNA, ribosomal RNA; mRNA, messenger RNA; RpoB, β-subunit of DNA-dependent RNA polymerase; GyrA, DNA gyrase subunit A; GyrB, DNA gyrase subunit B; QRDR, Quinolone resistance-determining region; RdxA, oxygen-insensitive NAD(P)H nitroreductase; FrxA, NAD(P)H flavin nitroreductase; Fur, ferric uptake regulator; SodB, superoxide dismutase; RecA, DNA recombinase; PorD, pyruvate:flavodoxin oxidoreductase subunit D; OorD, 2-oxoglutarate:acceptor oxidoreductase subunit D; InfB, translation initiation factor 2; Rpl22, ribosomal protein L22p; RDN, restriction-modulation-division; O, organic solvent tolerance; Imp, increased membrane permeability; MsbA, multicopy suppressor of null mutations in the htrB gene; GluP, glucose/galactose transporter.

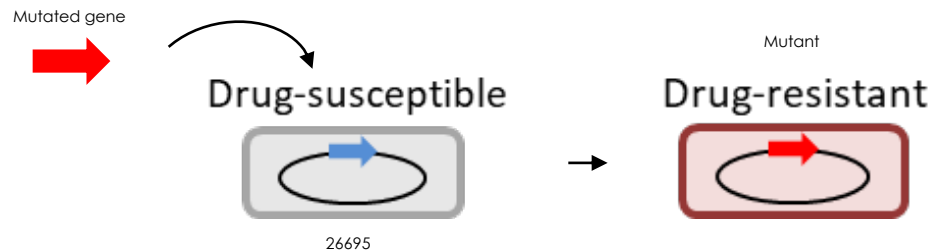
([†]) Hypothetical mechanism

Methods for assessing molecular markers of drug resistance in *H. pylori*



- Phenotypic screening
- Amplicon sequencing (AmpSeq)
- Whole Genome Sequencing (WGS)
- Genome-Wide Association Studies (GWAS)
- Functional analysis (functional genomics, transcriptomics, proteomics, metabolomics, Bioinformatics and In Silico Modeling)

Site-directed mutagenesis by natural transformation



Validation methods for Hp-AMR molecular markers primarily included site-directed mutagenesis approaches and statistical associations with in vitro resistance phenotypes.



Type of Evidence

Four Strength of Evidence Levels

Strength of Evidence

Validation

Functional studies, e.g. Site-directed mutagenesis

Association

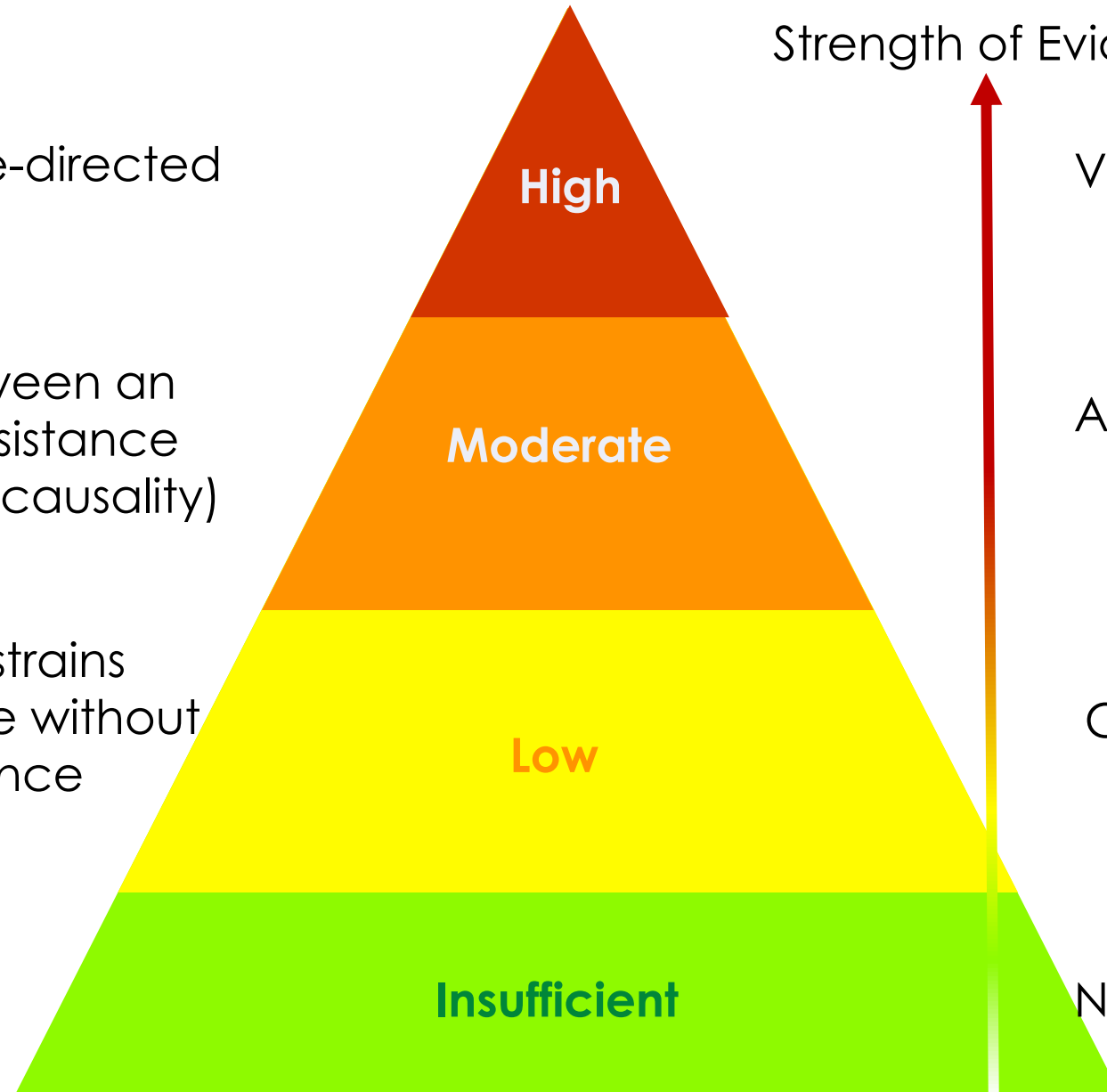
Statistical association between an observed marker and a resistance phenotype (association ≠ causality)

Suspicion

Observation of a marker in strains with a resistance phenotype without reaching statistical significance

No suspicion

Simple observation of a marker in both resistant and susceptible strains



High

Validated markers

Moderate

Associated markers

Low

Candidate markers

Insufficient

No resistance marker



We thus propose a practical categorization of Hp-AMR molecular markers into three groups:

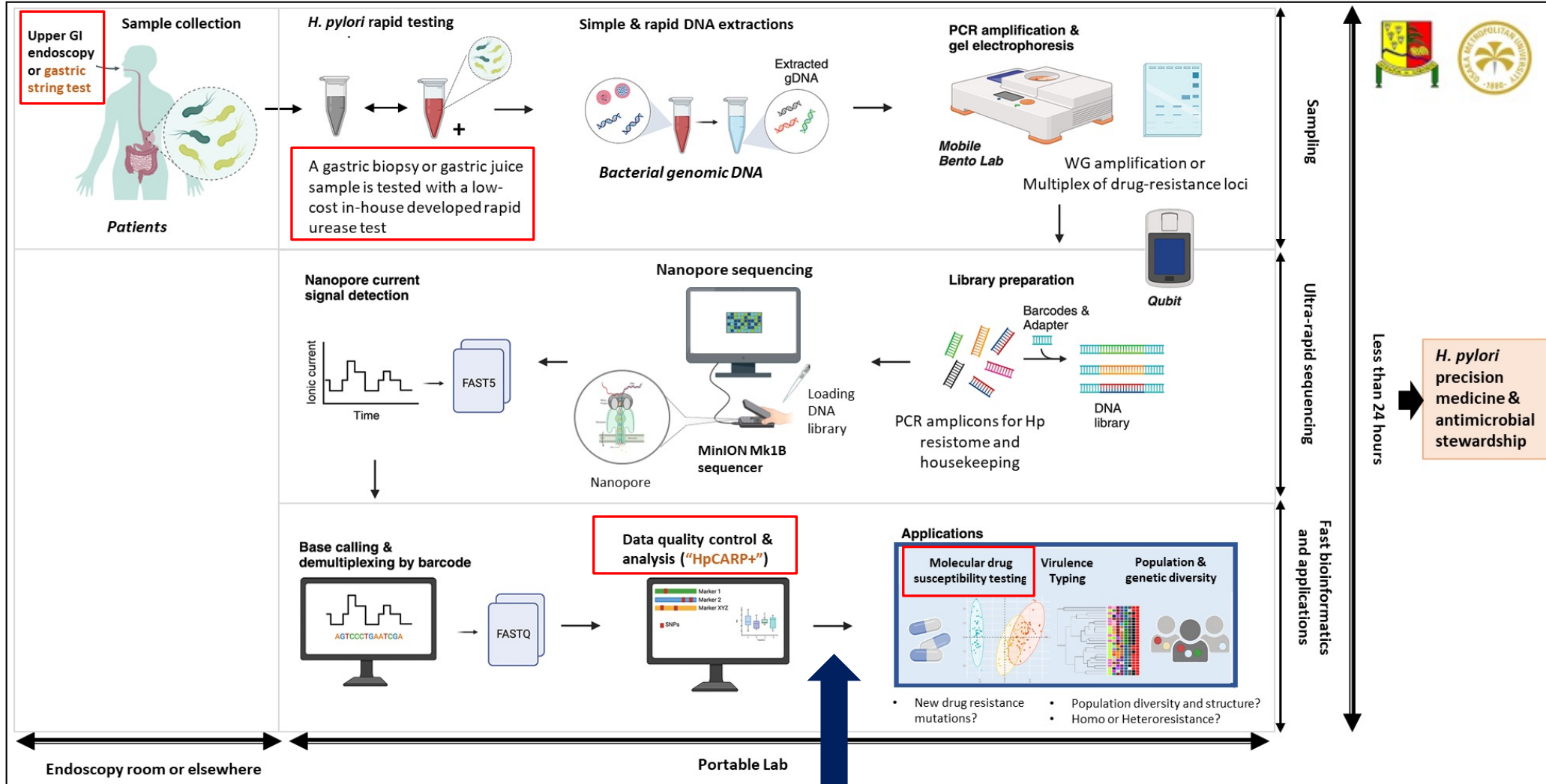
- 1) **"validated" markers**, which have functionally demonstrated biological relevance (<10%);
- 2) **"candidate" Hp-AMR markers**, statistically associated with in vitro resistance (~15%);
- 3) **"suspect" Hp-AMR markers**, which are mutations suspected of in vivo resistance without reaching statistical significance due to the low number of observed mutants (~75%).

Other mutations are not Hp-AMR markers.

Using Hp 26695 as wild-type reference strain / sequence



Time for precision medicine for best *H. pylori* management in Africa...



GPT-based tool to interpret mAST outcomes



RCGLID grant



Combating AntiMicrobial Resistance in Africa Using Data Science (CAMRA)





Provide a practical guidance for *H. pylori* mAST

- 1) **"validated" markers (<10%)** —————→ Confidently treat the strain as resistant
- 2) **"candidate" Hp-AMR markers (~15%)** —————→ Treat the strain as potentially resistant with some confidence, but expect further confirmation
- 3) **"suspect" Hp-AMR markers (~75%)** —————→ **Don't treat the strain as resistant, request phenotypic assessment**

We believe this stratification can support antimicrobial stewardship in *H. pylori* management by avoiding unnecessarily ATBs usage

Some complex cases...



1) 'Structurally mimicking Hp-AMR markers'

e.g. QRDR GyrA **D86M** instead **D86N**

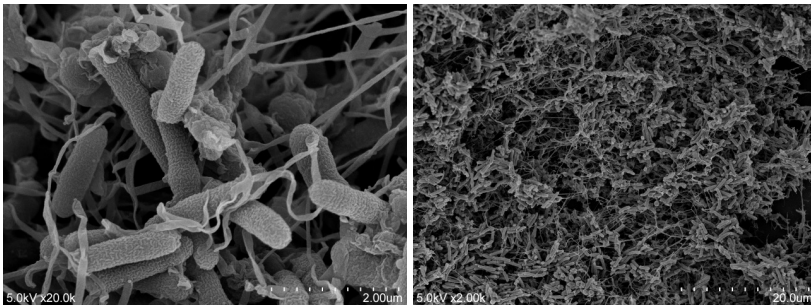
> Substituting AA is from a family that differ from the wild-type AA : considerer as a candidate Hp-AMR marker.

2) 'Synergic mutations'

e.g. PBP1A

3) 'Metabolic resistance' in 'Complex resistance phenotypes' e.g. MTZ and AMX

e.g. Biofilm forming strains, stress-related changes, environment-related change, efflux pumps





Synergistic effects of novel penicillin-binding protein 1A amino acid substitutions contribute to high-level amoxicillin resistance of *Helicobacter pylori*

Alain Cimuanga-Mukanya,^{1,2} Evariste Tshibangu-Kabamba,^{2,3} Patrick de Jesus Ngoma Kisoko,⁴ Kartika Afrida Fauzia,⁵ Fabien Mbaya Tshibangu,^{1,2} Antoine Tshimpi Wola,⁴ Pascal Tshiamala Kashala,⁶ Dieudonné Mumba Ngoyi,⁷ Steve Ahuka-Mundeke,⁸ Gunturu Revathi,⁹ Ghislain Disashi-Tumba,² Yasutoshi Kido,³ Takashi Matsumoto,¹ Junko Akada,¹ Yoshio Yamaoka^{1,10,11,12}

‘Synergic mutations’

Given mutation A, B, and C

Mutants with A, B, or C alone → ~ no change in MICs compared to WT strain

Certain combinations of A, B, or C → ~ gradual increase of MICs compared to WT strain

Are these Hp-AMR marker or not?

Synergistic effects of novel penicillin-binding protein 1A amino acid substitutions contribute to high-level amoxicillin resistance of *Helicobacter pylori*

'Synergic mutations'

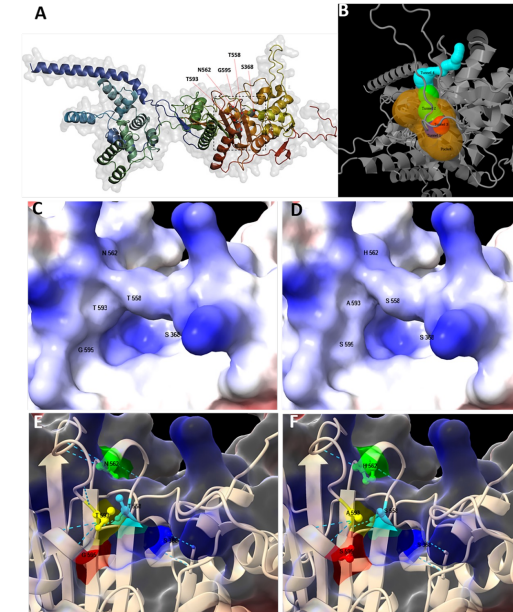
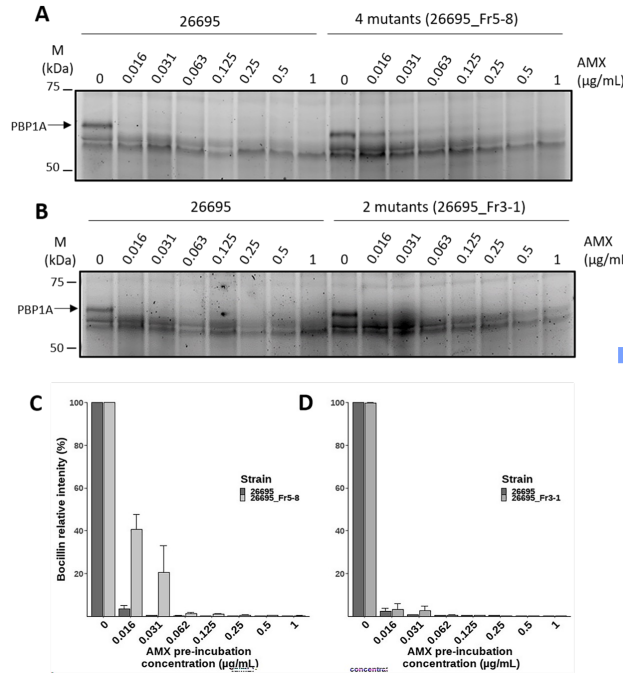


Prof Yamaoka's Lab



Dr. Alain Cimuanga

Strain	Genotype or description	Reference (no.)
Wild-types:		
KIN76	AMX ^R , carrying mutations T558S, N562H, T593A, and G595S in PBP1A, and used as DNA donor	(16) (OR855)
26695	AMX ^S , used as DNA recipient	(31)(NC_000962)
Transformants:		
Originating from 26695, transformed with the <i>pbp1a</i> fragment of KIN76 and selected as AMX ^R		
26695_Fr3_1	Carrying T558S and N562H in PBP1A ²⁶⁶⁹⁵	This study
26695_Fr3_2	Carrying T558S and N562H in PBP1A ²⁶⁶⁹⁵	This study
26695_Fr3_3	Carrying T558S and N562H in PBP1A ²⁶⁶⁹⁵	This study
26695_Fr3_4	Carrying T558S and N562H in PBP1A ²⁶⁶⁹⁵	This study
26695_Fr3_5	Carrying T558S and N562H in PBP1A ²⁶⁶⁹⁵	This study
26695_Fr3_6	Carrying N562H in PBP1A ²⁶⁶⁹⁵	This study
26695_Fr3_7	Carrying T558S and N562H in PBP1A ²⁶⁶⁹⁵	This study
26695_Fr3_8	Carrying T558S and N562H in PBP1A ²⁶⁶⁹⁵	This study (JAXCGF00)
26695_Fr4_1	Carrying T558S and N562H in PBP1A ²⁶⁶⁹⁵	This study
26695_Fr4_2	Carrying T558S and N562H in PBP1A ²⁶⁶⁹⁵	This study
26695_Fr4_3	Carrying T558S and N562H in PBP1A ²⁶⁶⁹⁵	This study
26695_Fr4_4	Carrying T558S and N562H in PBP1A ²⁶⁶⁹⁵	This study
26695_Fr4_5	Carrying T558S and N562H in PBP1A ²⁶⁶⁹⁵	This study
26695_Fr4_6	Carrying T558S and N562H in PBP1A ²⁶⁶⁹⁵	This study
26695_Fr4_7	Carrying T558S and N562H in PBP1A ²⁶⁶⁹⁵	This study
26695_Fr4_8	Carrying T558S and N562H in PBP1A ²⁶⁶⁹⁵	This study
26695_Fr5_1	Carrying T593A, G595S, T593A, and G595S in PBP1A ²⁶⁶⁹⁵	This study
26695_Fr5_2	Carrying T593A, G595S, T593A, and G595S in PBP1A ²⁶⁶⁹⁵	This study
26695_Fr5_3	Carrying T593A, G595S, T593A, and G595S in PBP1A ²⁶⁶⁹⁵	This study
26695_Fr5_4	Carrying T593A, G595S, T593A, and G595S in PBP1A ²⁶⁶⁹⁵	This study
26695_Fr5_5	Carrying T593A, G595S, T593A, and G595S in PBP1A ²⁶⁶⁹⁵	This study
26695_Fr5_6	Carrying T593A, G595S, T593A, and G595S in PBP1A ²⁶⁶⁹⁵	This study
26695_Fr5_7	Carrying T593A, G595S, and T593A in PBP1A ²⁶⁶⁹⁵	This study
26695_Fr5_8	Carrying T593A, G595S, T593A, and G595S in PBP1A ²⁶⁶⁹⁵	This study

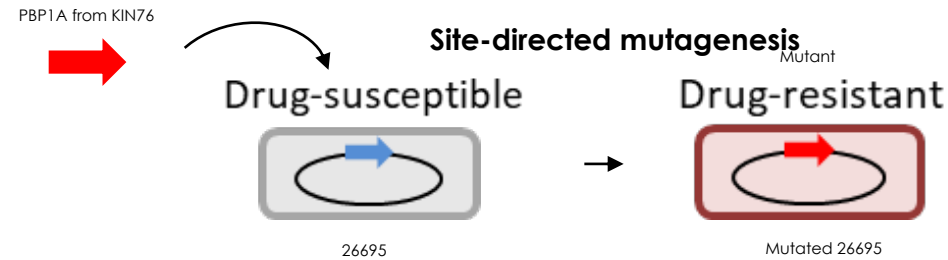


H. pylori strains used

Comparative genomics

AMX-Bocillin competitive binding assay

H. pylori PBP1A tertiary structure models



We found that *H. pylori* strains from the RDC use newly discovered mutations with synergistic effects on MICs to establish high-level AMX resistance



Genetically modified strains with various combinations of **T558S**, **N562H**, **G595S**, **T593A**

AMR-Related Genetic Determinants and Prediction of Phenotypic Resistance : Metronidazole (MTZ)



Possible mechanisms

Outcomes

(p.8&9; Suppl. p.9,10&11)

Drug detoxication

✔ Mutations related to MTZ could be identified mainly in genes encoding the **oxygen-insensitive NAD(P)H nitroreductase (*rdxA*)** and the NAD(P)H flavin nitroreductase (*frxA*) and secondarily in genes encoding the ferric uptake regulator (*fur*) and in the promoter region of superoxide dismutase (*sodB*)

Drug target modification

✘ No relevant mutation of RecA DNA repair effector

Table. Potential genotype encoding MTZ-R in Hp clinical isolates from DRC

Genotype	MTZ-S				MTZ-R				p-value
	n0	%	n1	%	n0	%	n1	%	
<i>rdxA</i> gene									
Wild type sequence	4	40.0	6	60.0	79	85.9	13	14.1	0.003
Mutations at a known functional loci	9	90.0	1	10.0	25	27.2	67	72.8	0.000
Null mutations	10	100.0	0	0.0	44	47.8	48	52.2	0.001
Frameshift mutations (e.g., Q65TfsTer10)	10	100.0	0	0.0	67	72.8	25	27.2	0.114
Premature stop codons (e.g., Q50Ter)	10	100.0	0	0.0	80	87.0	12	13.0	0.602
Large sequence deletions (e.g., K2_M21del [§])	10	100.0	0	0.0	82	89.1	10	10.9	0.592
Large sequence insertions ending with a stop	10	100.0	0	0.0	91	98.9	1	1.1	1.000
Point-mutations at functional codons (e.g., R16C/H; H97T/Y)	9	90.0	1	10.0	64	69.6	28	30.4	0.274

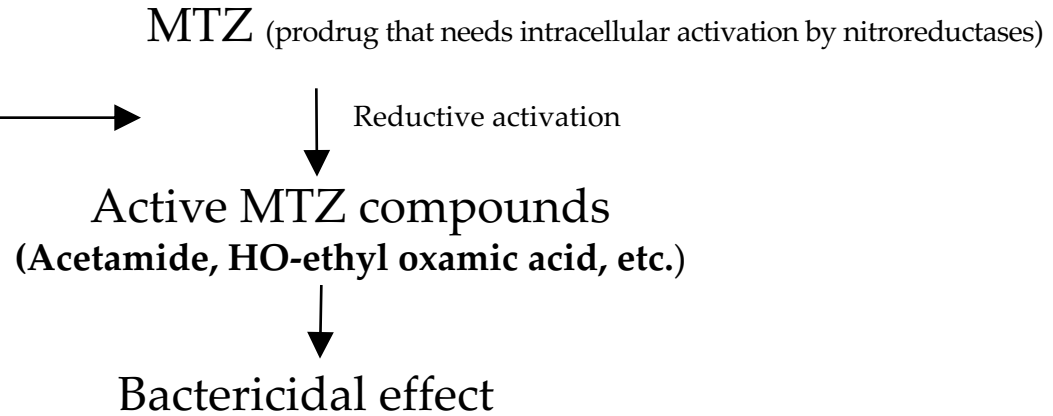
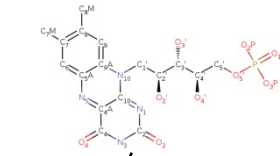
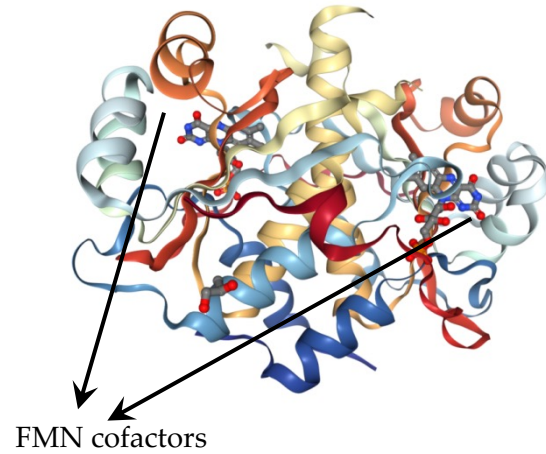
(Modified from Table S5 (A))



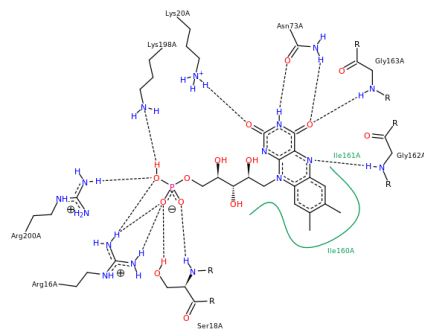
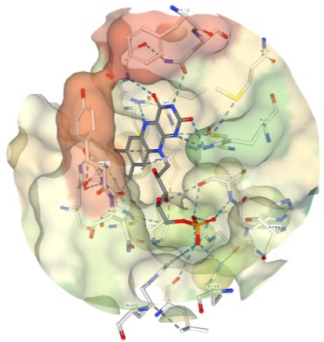
Mechanism of resistance to Metronidazole (MTZ)

RdxA : a flavoprotein with nitroreductase activity

The Flavin Mononucleotide (FMN) coenzyme helps the RdxA to reduce MTZ molecules into active compounds



Crystal structure of RdxA of *H. pylori*



The FMN ligand pocket.

FMN binding sites

Published in final edited form as:

FEBS J. 2012 December ; 279(23): 4306–4317. doi:10.1111/febs.12020.

Structure of RdxA: an oxygen insensitive nitroreductase essential for metronidazole activation in *Helicobacter pylori*

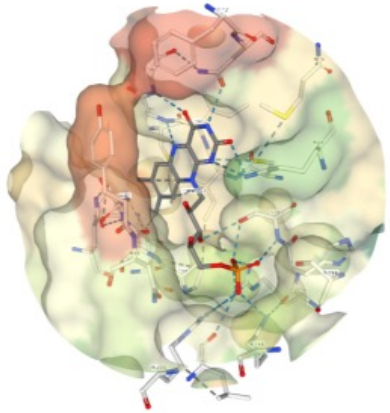
Marta Martínez-Júlvez^{1,2,#}, Adriana L. Rojas^{3,#}, Igor Olekhnovich⁴, Vladimir Espinosa Angarica^{1,2}, Paul S. Hoffman^{4,*}, and Javier Sancho^{1,2,*}

Specific drug resistance mechanisms



RdxA-del : A new and emerging mechanism of resistance to Metronidazole (MTZ) in the DRC

Flavin mononucleotide (FMN)

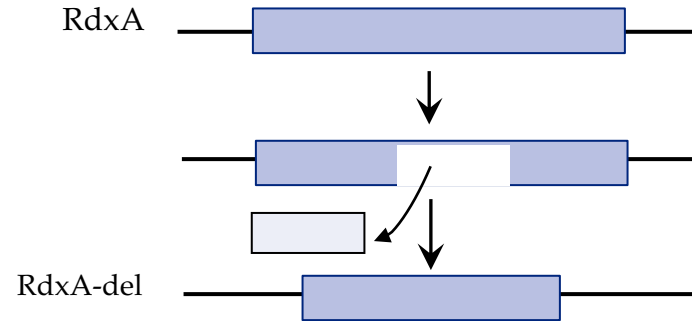


The FMN ligand pocket

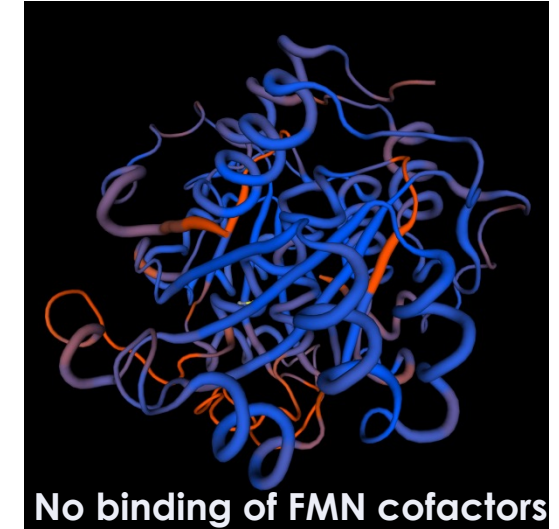
RdxA protein



FMN cofactors

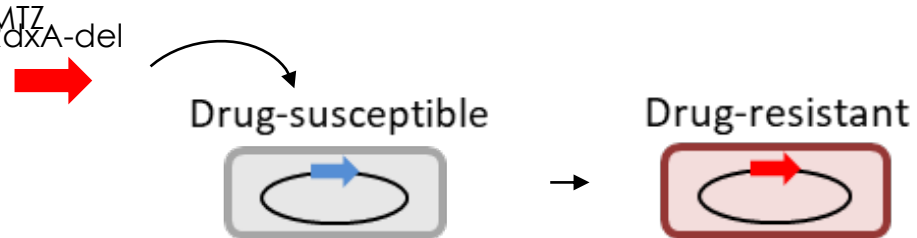


RdxA (K2_M21del)



RdxA-del =

- 1) ⇔ non optimal ability of binding and catalysis of substrates
- 2) ⇔ loss of ability to reduce the lower redox ^{MTZ}
- 2) ⇔ loss of ability to bind the FMN cofactor



Genetically modified strains with RdxA-dels



We found that *H. pylori* strains from the RDC use gene deletions (not only SNPs!) to irreversibly establish high-level MTZ resistance



RdxA-del as a new mechanism of resistance to Metronidazole (MTZ)

- 10% of MTZ-R were due to RdxA-del : RdxA_(R131_P166del), RdxA_(N178_L185del; G189_R200del), RdxA_(L137_I142del), and RdxA_(K168_V172del), and RdxA_(K2_M21del).

8 α -helices and 5 β -strands

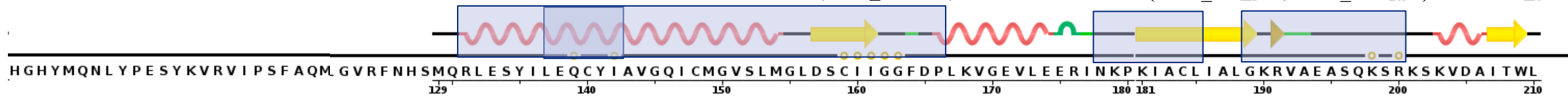
RdxA_(K2_M21del)



RdxA_(L137_I142del)

RdxA_(R131_P166del)

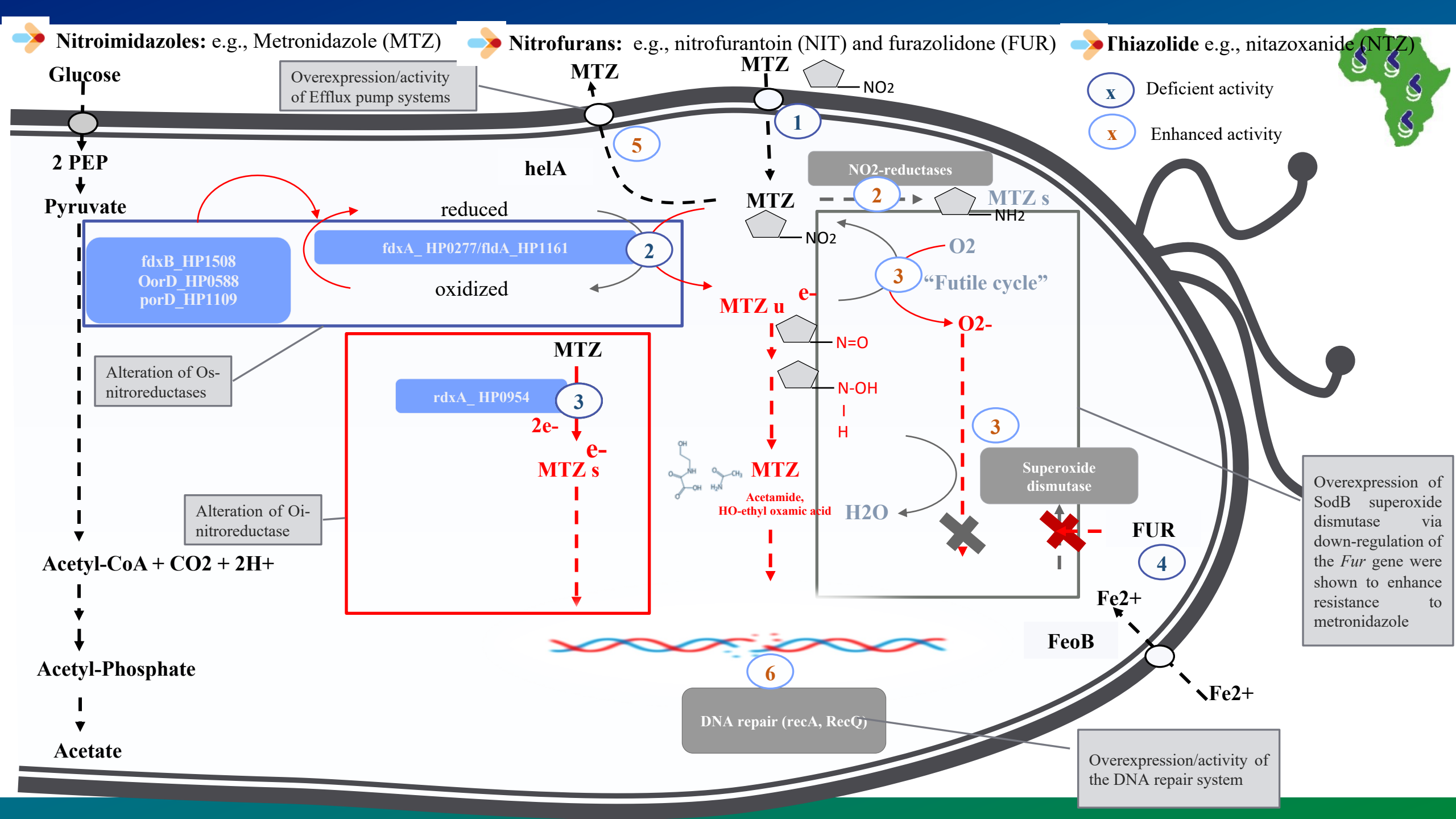
RdxA_(N178_L185del; G189_R200del)



Site Record Legend
 ○ BINDING SITE FOR RESIDUE FMN A 300 (Software)

DSSP Legend
 — empty: no secondary structure assigned
 → B: beta bridge
 — S: bend
 — T: turn
 → E: beta strand
 ~ G: 3/10-helix
 ~ H: alpha helix

Figure. Structural consequences of RdxA-dels



Conclusion



- We propose a categorization of Hp-AMR molecular markers and a practical framework to potentially support antimicrobial stewardship and feasibility of mAST in *H. pylori* management.
- But significant gaps in the evidence regarding the biological relevance of reported molecular markers for Hp-AMR. Need for more validations (e.g., using CRISPR-Cas techniques).



Stop AMR

Antimicrobial Resistance



Stop the spread of drug-resistant bacteria

Prevention is the best cure!!

Washing your hands thoroughly.
Getting vaccinated.



Never share medicines!!

The prescribed antibacterial drug is only for you.



Follow your doctor's order!!

Take your all medicines as prescribed.



Japan Pharmaceutical Manufacturers Association

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Our patients from hospitals in DRC